**Job Title: Place2Be Counsellor**

**Reporting to: Area Manager**

**Direct Reports: None**

**About this role:**

As a Place2Be Counsellor, you will be delivering therapeutic interventions utilising Place2Be’s Whole School Approach (WSA), which integrates core therapeutic knowledge, skills, and practice with clinical and service delivery excellence. This comprehensive competency led approach ensures support for all parents, teachers, carers, and other agencies; creating a robust foundation for effective therapeutic work. Your role may encompass both individual and group interventions, but regardless you’ll work closely with your school link to enhance the wellbeing of the individual and the whole school community. The clinical aspect of your position will focus on assessing and formulating referrals, identifying appropriate interventions, and striving for optimal outcomes. The service delivery aspect of the role will focus on building and maintaining effective working relationships with school staff, raising awareness of the provision and services offered by Place2Be within the school community and upholding safeguarding and all data reporting requirements that inform and evidence the impact of the work we do.

**Therapeutic Knowledge, Skills and Practice**

* Undertake one-to-one clinical work and or group work with children and/or young people, utilising creativity and compassion.
* Using your therapeutic skills develop, foster and maintain good therapeutic relationships with the child or young person (CYP)
* Use creative therapeutic methods to help the CYP make sense of their experience, and ultimately facilitate change.
* Tailor therapeutic practice to the developmental needs or phase of the individual CYP using an evidence and or research informed approach.
* Effectively manage counselling endings and service transitions compassionately, ethically and boundaried, including planned and unplanned endings and referrals to other services.

**Clinical Delivery**

* Manage referrals from school staff, parents, children and external agencies such as Child and Adolescent Mental Health Service (CAMHS).
* Identify and discuss ‘potential referrals’ with school staff ensuring discussion of complexity of referrals with the Clinical Supervisor.
* Carry out assessments and develop evidence informed formulations to recommend the most appropriate intervention, placing the child and young person at the centre of your decision making.
* Set therapeutic goals and contract with the CYP ensuring their voice is at the centre of any and all approaches.
* Ensure ED&I is considered at all stages of the assessment and formulation process, including any special educational needs.
* Review therapeutic progress against goals by collecting and reviewing data and adjusting any aspect of the intervention(s) as needed to get the best outcome for the CYP.
* Where the setting or contract allows:
* Plan and deliver Place2Talk (drop-in) sessions and group work in consultation with the school and your line manager.
* Provide ‘Place2Think’ within schools for teaching staff to increase their awareness of mental health difficulties in CYP and provide them with tools to support their practice in the classroom and their wellbeing.
* Provide Parent Partnership sessions for parents/carers to increase their awareness of mental health difficulties in children and provide them with tools to support them with parenting at home and their wellbeing.
* Participate in research programmes that support Place2Be’s work in developing new approaches or models for excellence in mental health support for CYP.

**Service Delivery**

* Foster effective working relationships with all school staff establishing yourself as the mental health expert and guiding them on how to create a mentally healthier school community.
* Ensure services and support are highly visible and easily accessible, by actively promoting services to CYP, school staff, and families/carers so they all fully benefit from the resources and support provided.
* Build and develop relationships with children and parents/carers to ensure effective delivery of the Place2be service maintaining ethical practice and boundaries at all times.
* Ensure all service delivery is in line with Place2Be’s Equity, Diversity and Inclusion strategy and equal opportunity practices.
* Maintain good data management within school and Place2Be databases to enable an evidenced informed approach to your therapeutic work, and facilitate evidence and outcome driven conversations with your manager and clinical supervisor
* Provide termly reports on service delivery and annual outcomes in accordance with Place2Be guidelines and in conjunction with your line manager.
* Understand trends from your data to enable you to contribute to the evaluation and development of Place2Be services nationwide.
* Build relationships with colleagues within yourPlace2Be Area as well as the wider teams by actively participating in meetings, events and training thereby sharing best practice to develop clinical thinking, knowledge and learning.

**Safeguarding**

* Identify and report safeguarding concerns involving child protection or vulnerable adults following Place2Be’s policies and procedures as well as school safeguarding compliance.
* When required, make recommendations and consult with the school for referral on to external services.
* Support with reporting as required for statutory purposes such as court hearings or police investigations.
* Keep up to date with all mandatory safeguarding training as required for your role.

**Other**

* Undertake continuous professional development (CPD) to maintain your therapeutic membership.
* Undertake further training to utilise Place2Be’s catalogue of universal interventions such as journey of hope.
* Work within the Place2Be competency framework participating in development as needed to maintain competent practice.
* You may be asked to undertake any other duties that are commensurate with the post as requested by your manager and you must carry out the duties in accordance with Place2be policies and procedures.

**What you will need:**

* A Level 4 qualification diploma or above in counselling, psychotherapy or arts/play therapy AND current registered/accredited/full/qualified membership of one of the following relevant professional bodies (BACP, UKCP, HCPC, ACC, NCPS, ADMP, BAPT, BAAT, BPC, COSCA,)
* Understanding and commitment to work in line with the [BACP competency framework](https://www.bacp.co.uk/media/15873/bacp-cyp-competence-framework_2022.pdf)
* Experience of child protection/safeguarding issues and the assessment of risk or willingness to complete training in this subject.
* An understanding of the complexities and challenges children, young people and families face, the role race, disability and social economic factors play in this and a commitment to work with compassion, perseverance, integrity and creativity.
* Experience of delivering therapy in a way that is underpinned with integrity, compassion, perseverance and creativity.
* Experience of working with databases to input, record and report on data or a commitment and ability to learn.
* Ability to work with data to make evidence informed decisions
* Experience of working in a school environment.
* Ability to work flexibly and adapt to the changing needs of individual schools or the contract provision.
* Ability to form and maintain good working relationships with Senior Leadership Teams, Pastoral Leads and Teachers establishing yourself as the mental health expert.
* Experience of working as part of a multi-disciplinary setting when addressing safeguarding concerns.
* Ability to use Outlook to manage calendars and send emails, Microsoft Word and Excel for producing reports, Microsoft PowerPoint to create presentations.
* Proven evidence of continuing professional development and willingness and ability to undertake training as needed.
* Ability to evidence self-awareness and emotional resilience ensuring you engage with people, activities and services as needed to maintain your mental health and wellbeing.
* A strong commitment to our values and ability to demonstrate these in your work: Perseverance, Integrity, Creativity and Compassion. <https://www.place2be.org.uk/about-us/our-work/our-mission-vision-and-values/>
* Ability to work across 52 weeks of year the as this role is not term time only.
* A willingness to undergo an enhanced with barred list DBS or PVG check if appointed.