



Job Description

Job Title: Mental Health Practitioner

Reporting to: Area Manager

Direct Reports: None

Place2Be is the leading children's mental health charity providing in-school support and expert professional development to improve the emotional wellbeing of children and young people, families, teachers, and school staff.

Place2Be provides children's mental health services in over 450 primary and secondary schools, reaching a total school population of over 225,000 pupils.

Our teams provide a range of services in our partner schools to build resilience early in life through a range of universal and targeted interventions:

- therapeutic and psychoeducational group work
- Brief structured one to one work
- Digital platforms in partnership with external providers
- Online and face to face parenting training and advice
- Consultation with school staff

All these support a child's ability to engage in school life and support the mental health of the wholeschool community. Our work, focused on early intervention, is part of the 'comprehensive CAMHS system'.

Through our professional development programme, we are training c1200 Counsellors on Placement each year who build their mental health and counselling skills and experience through practice in our partner schools. We also provide a range of professional development programmes on mental health and wellbeing for school leaders, teachers and other professionals who work with children and young people, so we can help to build 'mentally healthy' schools and communities where all children can thrive and flourish.

We continue to pilot, trial, and explore new ways in which we can develop our practice as well as share learning, expertise and findings from the robust evidence and evaluation we gather. We also work collaboratively with a range of charities and expert organisations to leverage best-in-class knowledge and expertise to inform, develop and improve outcomes for the children, families, and schools we support.

We ask our staff team to share our core values of perseverance, integrity, compassion, and creativity, and to have the skills and patience to support some of the UK's most vulnerable children and families.

In an innovation on our traditional model, this role involves working with Children and Young People in a community setting.

Overall Purpose:

To effectively manage all aspects of the Place2Be project in partnership with Greenhouse Sports, ensuring that the children and young people are provided with therapeutic and emotional support.

Key Responsibilities:

1. Ensure high quality clinical practice and delivery of a full and effective service in Place2Be

- Conduct full Assessment and Formulation process for children and young people referred to the service and allocate them to a suitable targeted intervention where appropriate
- Undertake one-to-one clinical work with children and/or young people
- Plan and deliver Place2Talk
- Offer consultancy to coach (Place2Think) and parents (Parent Partnership)
- Plan and deliver universal and targeted group work in consultation with the school and the line manager
- Work with Family Practitioner (where available) to facilitate delivery of parenting training to parents/carers in the sports centre where appropriate (primary only)
- Identify and discuss potential referrals with sports centre keeping the line manager and Clinical Supervisor informed
- Work with the sport centre link to make use of and shape the universal and targeted interventions to support individuals and groups within the sports centre community in accordance with the Clinical Delivery Model
- Ensure all clinical work is fully reviewed and outcomes evaluated, in Supervision to improve practice
- Reflect in supervision on how to work with all aspects of difference in the therapy room increasing cultural competence and ensuring anti-oppressive practice

2. Establish positive, active, and effective relationships with the school and Place2Be management

- Represent and be the ambassador for Place2Be in the sports centre
- Build positive relationships with sports centre to understand and respond to the needs of the sports centre community
- Build relationships with colleagues in the Area, in the Region and at the local office
- Actively participate in Area team meetings to share best practice and develop clinical thinking, knowledge, and learning



3. Safeguarding and Child Protection

- Identify and report any safeguarding and child protection concerns or concerns relating to vulnerable adults following Place2Be's policies and procedures
- When required, make recommendations and consult with the sports centre for referral onto external service
- Be pro-active in reporting safeguarding issues and concerns, to the sports centre and line management, in accordance with Place2Be policy

4. Reporting evaluating and data entry

- Provide termly or quarterly reports in accordance with Place2Be guidelines and in conjunction with your line manager, undertake an annual review of the sports centre and produce a report to be shared with the sports centre
- Use qualitative and quantitative outcomes data to inform practice and improve impact
- Be accountable for inputting data on Place2Be's School Services System relating to all activities and interventions in the sports centre in a timely and accurate manner
- Comply with Place2Be data entry requirements and GDPR
- Make good use of online management systems, such as diary planning etc.

5. Values

- Live the Place2Be values of Perseverance, Integrity, Compassion and Creativity
- Ensure equal access to the Place2Be Service
- Be pro-active in promoting dialogue and support around issues of difference and discrimination

Person Specification

The person specification outlines the main criteria for the post and short listing will be based on the following criteria.

Please ensure that your supporting statement clearly shows how you meet the criteria using experience gained either in paid or voluntary work.

Criteria	Criteria E= Essential D=Desirable	Measured by A=Application I=interview
Qualifications		
1. Hold a Level 4 diploma or above in counselling, psychotherapy or arts/play therapy AND current registered/accredited/full/qualified membership of one of the following relevant professional bodies (BACP, UKCP, HCPC, ACC, NCPS, ADMP, BAPT, BAAT, BPC, COSCA,)	E	A
2. OR PLAY THERAPY diploma ACCREDITED BY BAPT (British association of play therapy)	E	A
Qualities		
3. Supportive, energetic and passionate about Place2Be's mission and core values	E	A/I
Experience		
4. A minimum of one year's experience of working therapeutically with children, young people and schools (Place2Be placement will be considered)	E	A/I
5. Experience of safeguarding child protection procedures and policy and commitment to safeguarding of children and vulnerable adults	E	I
Knowledge and Skills		
6. Shows understanding and awareness of Place2Be's equality, diversity and inclusion policy and a personal commitment to equality of opportunity and anti – discriminatory practice in service delivery	E	I
7. Has a working understanding of the BACP Ethical Framework in practice	E	A

Clinical		
8. Has experience of conducting rigorous clinical assessment, formulation and review of casework	D	A/I
9. Has experience of working with diverse communities and of reflecting in supervision and with peers on how to work with all aspects of difference in the therapy room	E	I
10. Takes an active approach to self-development and demonstrates understanding of up-to-date research and emerging best practice in children and young people's mental health services	E	I
Safeguarding and child protection		
11. Experience of being pro-active in reporting safeguarding issues and concerns with regards to children and vulnerable adults, to school and line management, in accordance with Place2Be policy	E	I
Management and Supervision		
12. Understands how to run an effective school based mental health project and managing and accounting for overall caseload	E	I
13. Demonstrates a commitment to continually improve quality of service provision in all areas	E	I
14. Can develop project plans into sensible, timely actions that meet the expectations of the school and more senior colleagues; understands the need for efficiency and timelines in delivery	E	I
15. Can make use of their own Line Management and Clinical Supervision to improve their own practice as a therapist	E	A/I
Relationships (Internal and External)		
16. Can build relationships through effective communication with all internal and external stakeholders	E	I
17. Understands the student support/pastoral care system (secondary)	D	I
18. Takes account of different cultural styles and values when working with colleagues and external stakeholders	E	A/I

Reporting and Evaluation		
19. Develops and exhibits clear understanding of systems for reporting and can use data and analysis to produce useful reports on a regular and ad hoc basis	E	I
Communications		
20. Communicates effectively and appropriately with Area Manager, particularly highlighting any concerns or issues that require resolution	E	I
21. Excellent presentation skills	E	I
IT		
22. Demonstrates competency in using Microsoft Office, data management systems, Internet. Fluent in data entry and the use of data to evaluate clinical practice	E	A/I